

DITCH DRAW SCORING ZONES

#9

Shot Focus: Ditch Draw

Position Focus: Thirds & Skips

Game Application: Controlling weight near the ditch, avoiding dead bowls

1

Equipment:

- 1 Matt
- 2-4 Bowls
- 9 Target (Jack, Cone, TBA Target)

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How To:

- 1) Mark three scoring zones in front of the ditch
- 2) Treat the ditch as the danger zone
- 3) Deliver all bowls on the same hand before switching
- 4) Focus on controlling weight to finish bowls in front of the ditch, not in it

3

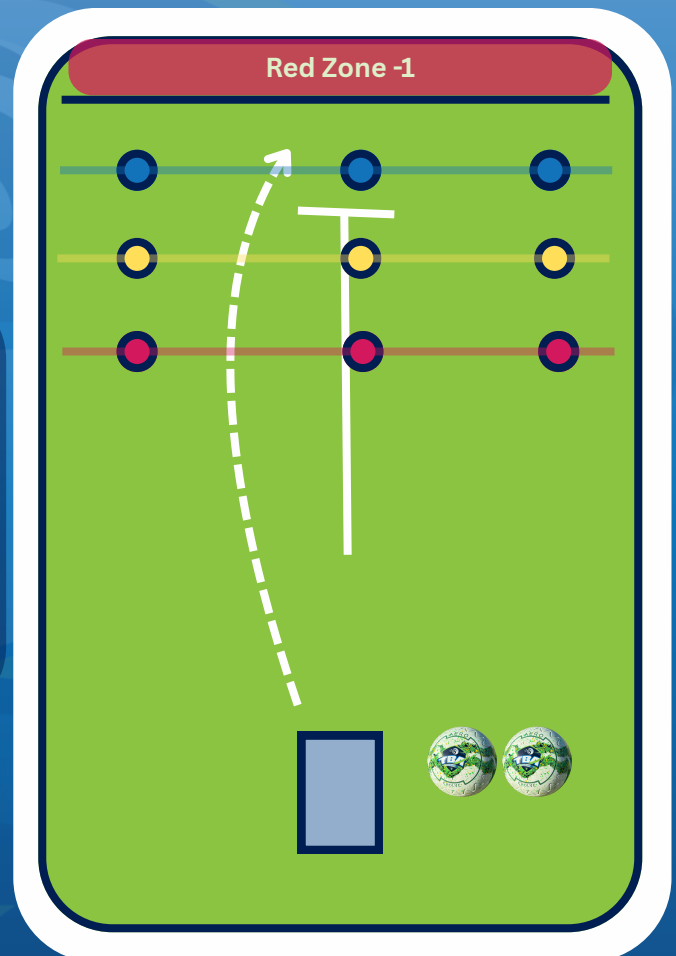
Scoring Options:

- 3 Points = Bowl finishes in the closest scoring zone to the ditch
2 Points = Bowl finishes in the middle scoring zone
1 Point = Bowl finishes in the furthest scoring zone
-1 Point = Bowl finishes in the ditch

4

Progression/Variations:

- Narrow the scoring zones
- Move the matt closer to or further from the ditch
- Alternate short and long matt position



Coaching Focus

“Focus on keeping the bowl alive on the rink”