

MISS HIGH/WIDE DRIVE

#12

Shot Focus: Drive

Position Focus: Thirds & Skips

Game Application: Playing drive shots while avoiding dangerous misses

1

Equipment:

- 1 Matt
- 2-4 Bowls
- 3 Targets (Jacks, Cones, TBA Targets)

2

How To:

- 1) Set up the main target on the centre line or slight offset
- 2) Mark a high / wide positive miss zones beyond or outside the target
- 3) Deliver bowls with driving weight
- 4) Focus on missing high or wide, never short or inside

3

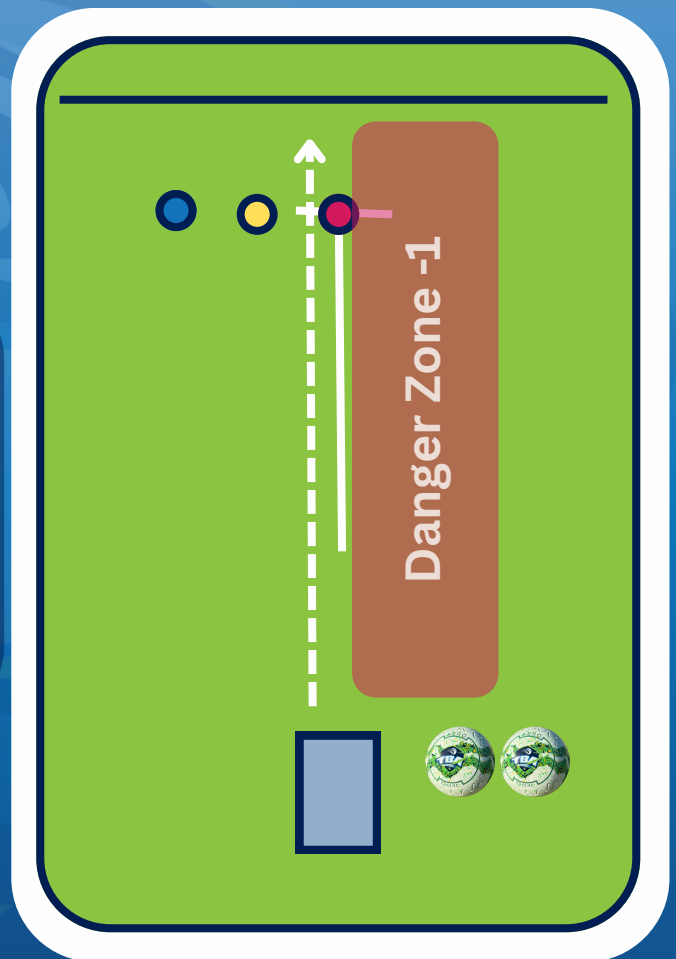
Scoring Options:

- 3 Points = Bowl contacts the main (red) target
- 2 Points = Bowl passes through inner gate (red to yellow)
- 1 Point = Bowl passes through outer gate (yellow to blue)
- 1 Point = Bowl passes narrow/tight to main target

4

Progression/Variations:

- Reduce the size of the high / wide zones
- Change target position (centre / offset)
- Move matt position closer to or further away



Coaching Focus

“Focus on missing drives in safe areas”