

Suitable for ● F-2 ● 3-4 ● 5-6

PHYSICAL LITERACY: Rolling | Accuracy | Shot placement

HOW TO PLAY

- Each player has one bowl
- Place a target (preferably a jack) in the centre of the field of play
- Players stand around the edge of the field of play
- Players all roll their bowls at the same time aiming to get closest to the target to be the winner

EQUIPMENT

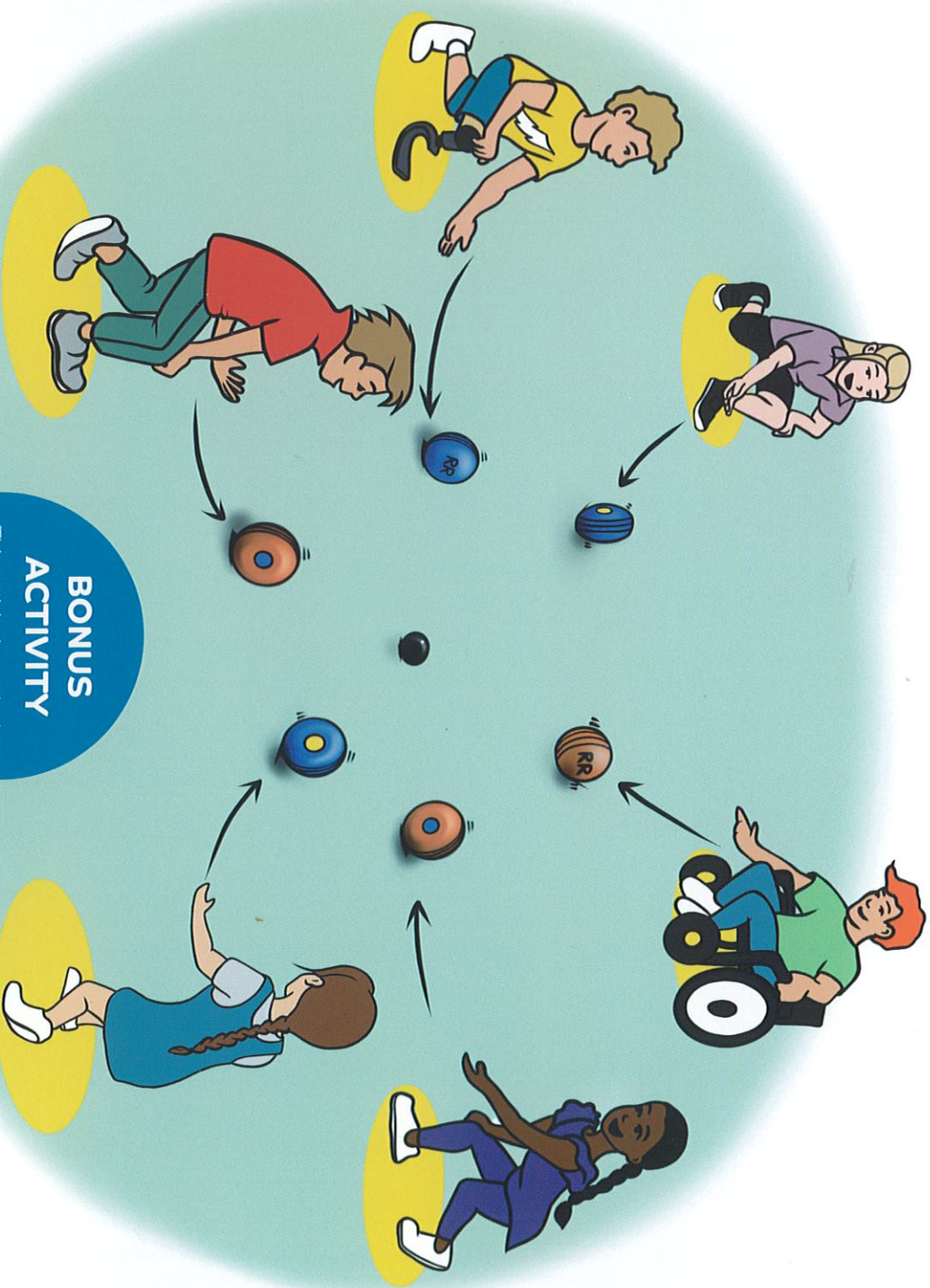
- **F-2:** Mat & Jack from Rookie Rollers Kit - Tennis balls
- **3-6:** Bowls, Mat & Jack from Rookie Rollers Kit

CHANGE IT

- **F-2:** Adjust the field of play (place the mats closer to the target to make the activity easier or move the mats further away to increase difficulty)
- **3-6:** Use cones in field of play as obstacles

TEACHING TIPS:

- Encourage children not to drive and focus on their accuracy & shot placement
- Wait for everyone to roll before collecting your bowl
- With a large group, split this activity into two. Ask players to remember their bowl colour and dot

**BONUS ACTIVITY**

This activity is not in the lesson plans but can be used to support learning outcomes

\$15 TOP SCORE



Suitable for

3-4 5-6

PHYSICAL LITERACY: Accuracy | Rolling | Shot placement | Rolling | Teamwork

HOW TO PLAY

- Form two teams
- Set up hoops on either side of the playing field with different points associated to each hoop (for example, the closest hoop is worth one point, while the furthest hoop is worth 20 points)
- Players line up in their teams and take turns to roll the bowl one at a time to whichever hoop they choose to score the corresponding points for their team
- Once one player rolls they move away and the next in line can roll
- Once everyone in the team has had a roll, the team with the most points win
- Bowls that land outside a hoop acquire no score

EQUIPMENT

- **3-6:** Mats & Bowls from Rookie Rollers Kit - Hoola hoops

CHANGE IT

- **3-4:** Adjust the distance between the hoops
- **5-6:** Played as a progression game. So player one MUST get it in the first hoop, player two MUST aim for the second hoop, Third player MUST aim for third hoop. This will give players the chance to discuss strategy of the order in which players bowl



BONUS ACTIVITY

This activity is not in the lesson plans but can be used to support learning outcomes

TEACHING TIPS:

- Encourage players to focus on speed control
- The aim is to improve rolling to a target and score as many points as possible
- If you don't have access to hoops, this can be played with mats in the Rookie Rollers Kit