

# CENTRELINE LONG/SHORT DRAW

#4

**Shot Focus:** Weight Control

**Position Focus:** Leads, Seconds, Thirds & Skips

**Game Application:** Responding to jack changes

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## Equipment:

- 1 Matt
- 2-4 Bowls
- 2 Targets (Jack, Cone, TBA Target)

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## How To:

- 1) Set up two targets on the centre line — one short, one long
- 2) Deliver all bowls on the same hand before switching
- 3) Alternate deliveries between the short and long target
- 4) Focus on adjusting weight

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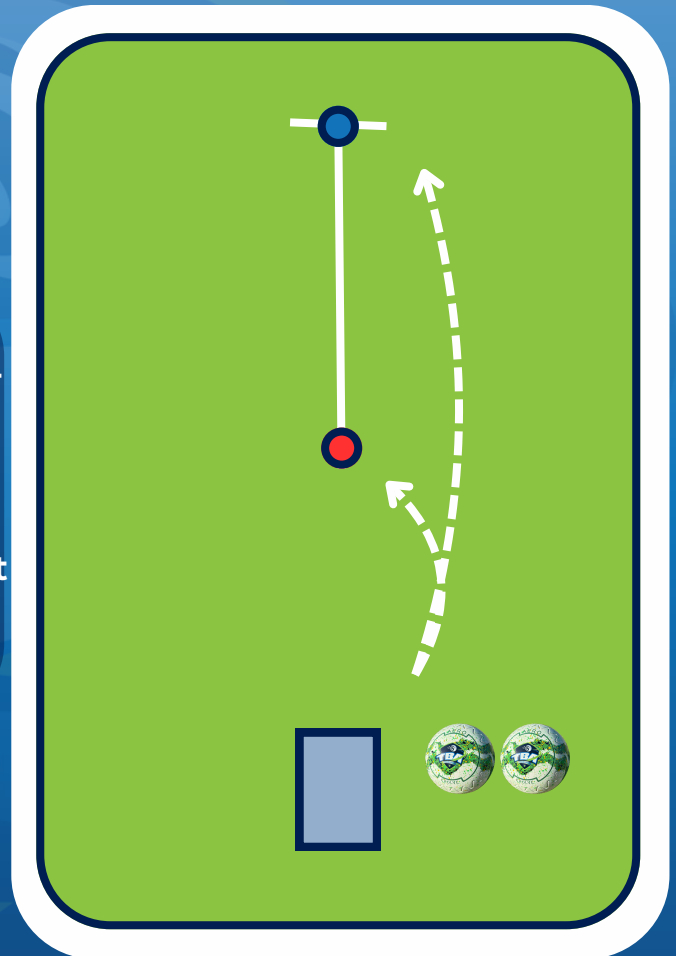
## Scoring Options:

- 3 Points = Target toucher
- 2 Points = Bowl within matt width of correct target
- 1 Point = Bowl within matt length of correct target

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## Progression/Variations:

- Increase the distance between short and long targets
- Deliver bowls in a set order (short-long-long-short)



## Coaching Focus

*“Control length first, then refine accuracy”*